

## Jessica Long



Jessica is a dedicated professional in the field of Aesthetics, motivated by her desire to help people feel their best in their skin and body. Growing up in Wisconsin, she was inspired by her mother and sister, both in the healthcare industry. In 2006, she developed a deep appreciation for the benefits of skin care. Jessica completed her initial Aesthetic education at the Aveda Institute of Charlotte in 2007 and, since then, has gained experience in various sectors of the industry. She offers this combined experience and Medical Aesthetic services at Carolinas Center for Cosmetic Surgery.

Her preferred services include customized facials to maintain skin health and deeper exfoliating treatments such as peels, microneedling, and microdermabrasion. Jessica's approach is understanding each client's skin and providing personalized care throughout seasonal and lifestyle changes. She also has expertise in hair removal methods, from Laser Hair

Removal to waxing and threading. As a lifelong learner, Jessica is committed to continually expanding her knowledge and skills to better serve her clients' Aesthetic needs.

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## Services

- Facials
- Microneedling
- Microdermabrasion
- Dermaplaning
- Eyebrow Waxing
- Eyebrow Threading
- Body Waxing
- Laser Hair Removal