



## DOES THE PATIENT?

- YES  NO Stop breathing while sleeping
- YES  NO Gasp while sleeping
- YES  NO Tend to fall asleep during the day
- YES  NO Snore loudly and disruptively while sleeping
- YES  NO Grind or clench their teeth while sleeping
- YES  NO Toss and turn while sleeping

If you answered yes to any of these questions, your bed partner would benefit from a screening for sleep apnea!

## CALL US TODAY TO SCHEDULE AN APPOINTMENT!

*This quiz is not intended to diagnose a medical condition. Answering the questions on this quiz will help the patient communicate with the dentist or physician to determine if further assessment is needed.*

